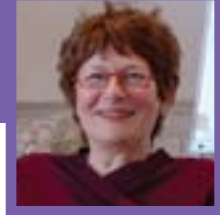




Action Techniques In Therapy: Working with the body

Professional development Workshop | Course leader Maggie McKenzie



Working with the Body

The 2017 workshop will focus on working with the body, introducing an overview of the development of bodywork in therapy from the work and theory of Wilhelm Reich, Alexander Lowen and Stanley Keleman.

The emphasis will be on using body exercises and techniques and learning how to introduce and use this work with clients. We will also explore the use of somagrams; pictorial representations of a person's bodily shape and experience.

Dates for 2017

Working with the body

Tuesday, August 29 - Friday, September 1

The course will meet from 9.30am-4pm each day

Price

In 2017 the workshop cost is £520.

How to apply

If you are interested in 2017 workshop, please send your cheque payable to Maggie McKenzie to the Spectrum office.