



## Couples Training:

## Terry Cooper and Jenner Roth



Relationships, whether it be our relationship to our self or a relationship with another, reflect where we are in our own personal evolution and offer us possibilities to grow. Learning through relationships is how we learn to have relationships.

Our passion for working with couples comes out of the successes and challenges of our own intimate relationship and four decades of working with couples privately and in on-going and residential groups. We look forward to sharing our experience with you, hearing yours and together forming more clarity, resources and skills in managing relationships.

Working with couples is a professional development programme for therapists and counsellors who are experienced at working with individuals and may currently be seeing couples or making the transition to working with couples in their practice. If you have not trained at Spectrum we would like to meet with you to discuss our approach to therapy and to be sure the course is appropriate for you.

### Dates

#### Autumn 2017

Saturday-Sunday, November 11-12 and  
Thursday-Friday, December 7-8

#### Winter 2018

Thursday-Friday, January 18-19, Thursday-  
Friday, February 15-16 and Thursday,  
March 22

#### Spring 2018

Thursday-Friday, May 3-4 and Thursday-  
Friday, June 28-29

#### Autumn 2018

Thursday-Friday, September 13-14

### Fees:

The cost of the course will be £1,980 and spread over the year.

### How to apply

If you are interested in this programme please register your interest with the Spectrum office.