



## Childhood Sexual Abuse: Occurrence And Prevention

Personal development Workshop | Course leader Maggie McKenzie

From the very first sexuality group ever run and throughout the thirty-nine years of the sexuality programme, we have been painfully reminded of the effects of sexual abuse on children through the sharing and bravery of those men and women who have had to deal with being abused as children and adolescents.

In the sexuality programme we focus on ways of becoming clearer and more open in our sexuality; in the childhood sexual abuse workshop we extend this to include looking at ways of defending and protecting ourselves and the children we love and care for from sexual abuse.

We feel that greater personal clarity about sexual issues leads to a better ability to deal with them in new or difficult situations and so, as in the on-going groups, work will be experiential and personal. The workshop will look at our experiences of childhood sexual abuse through cognitive information, exercises, film and role plays.

### Date for 2016

Saturday and Sunday, October 8-9, 2016.

The course will meet from 9.30am-4pm each day

### Price

The cost for this workshop is £270

### How to apply

This workshop is only open to people who have taken part in a Spectrum basic sexuality group. If you would like to book on this workshop please send your cheque payable to Maggie McKenzie at the Spectrum office.

