



Developing Clinical Skills

Professional development Workshop | Course leader Julia Naish and Anna Patterson

This course focuses on an experiential exploration of the therapist's effectiveness through interventions, interactions and communication styles. Each participant will be expected to work clinically in the course and their work will be videoed, viewed and discussed within the group. The course will also teach creative ways of understanding and working with resistance and repetitive patterns as well as how to manage specific difficulties.

Topics include the formation and development of the therapeutic alliance, working with metaphor and dreams, I/thou and use of self, transference and counter-transference, systemic and cognitive behavioural therapy approaches, paradoxical interventions, resistance, and working with narcissistic and borderline clients.



Dates for 2014

Thursday and Friday, January 16-17, eight Thursdays: January 30, February 27, April 3, May 8, June 12, July 3, October 9, November 6.

The course will meet from 9am to 4pm each day.

Price

The cost of this workshop to follow.

How to apply

This course is open to any practising psychotherapists currently seeing individual adult clients.

If you are interested in joining this workshop, please talk to the course leaders.