



Homecoming: Exploring Our Spiritual Path

Personal development Workshop | Course leader Judy Hargreaves



In this workshop we will learn the shamanic process of journeying to connect with and explore subtle or non-ordinary experiences which are similar to experiences of dreaming.

This learning connects us to an ancient and universal web of wisdom and energy. By carefully posing questions and receiving responses we shall meet and develop relationships with allies on our journeys and construct a team of helpers for spiritual growth in our everyday lives. In the group we will record, share and celebrate our journeys in a variety of ways, discovering what we have to offer to each other and to the wider environment.

The duration of this group is two terms. The group will meet each term on two Tuesday evenings and two full Saturdays. Participants may pay for each term separately.

Open House Event

Saturday, October 17, 2015 from 2-3.30pm.

Following on from this workshop there is a continuation group which is open to all participants of the homecoming workshop. We meet on one Saturday each term to deepen our connection to this work. Please contact Judy for more information.

Dates 2016

Term one: Saturday, January 16, 10am-1pm, Sunday, January 17, 10am-4pm. Saturday, March 12, 10am-4pm, Sunday, March 13, 10am-1pm.

Term two: Saturday, April 16, 10am-1pm, Sunday, April 17, 10am-4pm. Saturday, June 11, 10am-1pm, Sunday, June 12, 10am-4pm.

How to apply

If you are interested in the group and unable to attend an open evening, Judy would like to meet with you or talk to you on the phone prior to booking on the group.