



## Meetings With Virginia Satir

Personal development Workshop | Course leader Judy Hargreaves with Gill Doust and Oriel Methuen

Virginia Satir, a legendary family therapist, created a deeply humanistic theory and philosophy of working with people to bring about positive change and growth, healing and learning in ourselves, our families and in work groups and organisations.

From Judy's work with Virginia in the 1980's, she has video material to share which is inspiring, moving and immensely creative. This group is open to all and offers the opportunity to reconnect to Virginia's work or to get to know it for the first time.

In these meetings we shall follow Virginia's work with a family. First the family interview, next the family reconstruction process and finally the parts party structure. At each meeting we shall share and discuss our responses to the video extracts and practice some of the structures she used in her work. Participants will gain the most by attending all three sessions. These bookings will be prioritised. Each meeting will focus on different video material.



### Dates for 2012-2013

Three Thursdays  
June 21, November 8, 2012  
and March 21, 2013.

The course will meet from 6-9pm

### Price

The series of three workshops cost £75 or £35 per evening

### How to book

If you are interested in the 2012/2013 workshop, please send a cheque payable to Judy Hargreaves.