



Testimonials Men for Men Programme

“In my men’ group I can deal with anything – show myself fearful, fallible, successful, weeping or triumphant – and know that I will be held, supported, challenged and invigorated. Sharing my experience with other men sharing theirs is an exhilarating experience – male isolation diminishes, I feel more ‘normal’ and more worthwhile. Terry is there, solid as a rock, razor sharp, available and hugely compassionate. In my thirty years of experience of therapy there is no forum I have experienced which begins to offer the growth, excitement and good times that this group does.”

Chris Stanley
Psychotherapist

“I’ve been in Terry Men’s group for 19 years. It’s been wonderfully supportive through many phases and transitions of my life – with relationships, work, parenting, growing older. It’s been a great source of male energy and male wisdom, a place of healing, and a forum for discussing everything you could imagine from a male perspective. I feel enormously grateful and privileged to have been part of it.”

Richard Morrison
Sculptor

“Proverb: ‘There is no point in running if you are on the wrong road’. Being a good man in this world is a journey in its own right. Working in a men’s group has got me on the right road and helps me stay there.”

Jeremy Sweeney
Organisational Consultant

“A continually refreshing, reassuring and fulfilling place to recognise what I mean to me, how I appear to others, what I can be more of, and that I really am ok! Nigh on the best thing I’ve ever done for myself.

Warren Evans
Business (Production and Retail)