

## One Year Continuation Course

Professional development Course | Course leader Terry Cooper



This course is for people who have completed the one year course in psychotherapy. It is a complete module in itself and provides an important bridge between the one year and post-graduate courses. It also acts as an induction workshop for graduates from other training programmes who would like to participate in the Spectrum continued professional development programme. As well as continuity of personal and professional networking the course offers supervised practice sessions through role play and the development of one to one skills.

Emphasis will be placed throughout the year on the therapist's use of self and the importance of being present. Terry Cooper will be leading the course and will introduce a somatic-emotional approach to therapeutic work including working with dreams. The course will also introduce a unique training model of therapist coaching developed at Spectrum and used on the post-graduate course.

This course must be completed as a pre-requisite for participating on the post-graduate course in psychotherapy, and joining the Spectrum continued professional development programme.

### How to enquire

To participate in the one year continuation course, you must have completed the one year course in psychotherapy.  
To find out more, please enquire online.

### Dates for 2014

Two two-day workshops

Wednesday-Thursday, April 23-24 and Monday-Tuesday, June 2-3, 2014.

Two one-day workshops

Wednesdays: June 18, September 17, 2014.

The course meets from 9.30am-4pm each day

### Price

The fee for the course is £750.

