



Professional Seminar Series

Professional development Workshop | Course leader Maggie McKenzie



This series was created with new therapists and counsellors in mind, but it is also of considerable value for the experienced practitioner. The seminars examine the various stages of the development of individual therapy from the beginning through to its conclusion and teach skills in how to handle difficulties in specific areas.

Seminar I:

Initial Contact – The First Impressions

This seminar will deal with the very early stages of therapy and will include evaluating social skills, interpersonal dynamics and self-management of the client based on limited information.

Seminar II:

Beginnings – The First Session

This seminar will explore gathering present and historical information, defining issues, building rapport and contracting.

Seminar III:

Building A Work Ethic

This session will focus on the variety of ways in which we encourage and teach clients to engage with themselves and use the therapy.

Seminar IV:

Holding A Bifocal Perspective

In this seminar we will look at working in the here and now, problem-solving, creating a continuum of the therapeutic process and how these three are related.

Seminar V:

Working With Difficulties – Dealing With Crisis

This seminar will focus on acknowledging our difficulties, defining what the difficult issues are and where they belong, creating a plan, appropriate interventions, and self-support.

Seminar VI:

Endings

This seminar will deal with processing, discussing and negotiating endings, the appropriateness of ending, how to evaluate the client's time in therapy and the therapist-client relationship.

Dates for 2016

Seminar I:

Initial Contact - The First Impressions

Tuesday, January 26, 9am-12noon 2016

Seminar II:

Beginnings

Tuesday, March 15, 9am-12noon, 2016

Seminar III:

Building A Work Ethic

Tuesday, May 10, 9am-12noon, 2016

Seminar IV:

Holding A Bifocal Perspective

Tuesday, July 5, 9am-12noon, 2016

Seminar V:

Working With Difficulties

Tuesday, September 20, 9am-12noon, 2016

Seminar VI:

Endings

Tuesday, November 15, 9am-12noon, 2016

Price

Participants can begin at any stage or attend individual seminars, however attending the seminars from one through to six is preferable.

In 2016 the series cost is £418 or £73 for each seminar.

How to book

If you are interested in booking on the seminar series, please send cheque payable to Maggie McKenzie.