



Feature Film Evenings

Personal development Workshop | Course leader Terry Cooper, Maggie McKenzie and Gill Doust

Movies encapsulate and communicate multiple images of human experience and narrative. They also connect us to our own personal stories and increase the value we place on them, often deepening their meaning and helping us to refine and redefine our relationship to ourselves. These feature film evenings offer an opportunity to see some great movies as well as deepen the experience of the film through the discussion held afterward.

The evenings are one per term and are open to everyone. Because of limited space it is necessary to book a place.

Each film and following discussion will be presented and managed by the person who has chosen the film. For an interesting view of films and therapy see the article by film-maker and psychotherapist Paul Morrison on the Spectrum website under information and booking.

The introduction to each film will start at 6.30pm and the evening will end at 9.30pm. There is a charge for the evening of £10 which includes popcorn.

Central Station - Gill Doust

Gill is moved by this story: one person's effort and commitment, on behalf of a person she scarcely knows, to communicate love and care.

Lars and the Real Girl - Maggie McKenzie

Maggie's key interest in this film is the acceptance of difference within the family and the community, and the resulting self-acceptance for everyone involved.

Buck - Terry Cooper

This is a documentary about Buck, a horse whisperer, who determined his early family childhood abuse would not compromise his humanness. This film is about the interconnectedness of species. through Buck's work with horses and their owners we can form a picture of what makes relationships work.

Dates for 2012/2013

Central Station - Gill Doust

Wednesday, November 28, 2012.

Lars and the Real Girl - Maggie McKenzie

Thursday, February 28, 2013.

Buck - Terry Cooper

Tuesday, April 30, 2013.

The film evenings will be from 6.30pm-9.30pm.

Price

There is a charge for the evening of £10 which of course includes popcorn.

How to book

If you are interested in attending one of the film evenings, please book through the Spectrum office.