

# Testimonials for the Men for Men Programme

Chris Stanley – Psychotherapist

“In my men’ group I can deal with anything – show myself fearful, fallible, successful, weeping or triumphant – and know that I will be held, supported, challenged and invigorated. Sharing my experience with other men, sharing theirs is an exhilarating experience – male isolation diminishes, I feel more ‘normal’ and more worthwhile. Terry is there, solid as a rock, razor sharp, available and hugely compassionate. In my thirty years of experience of therapy there is no forum I have experienced which begins to offer the growth, excitement and good times that this group does.”

Richard Morrison – Sculptor

“I’ve been in Terry Men’s group for 19 years. It’s been wonderfully supportive through many phases and transitions of my life – with relationships, work, parenting, growing older. It’s been a great source of male energy and male wisdom, a place of healing, and a forum for discussing everything you could imagine from a male perspective. I feel enormously grateful and privileged to have been part of it.”

Jeremy Sweeney – Organisational Consultant

“Proverb: ‘There is no point in running if you are on the wrong road’. Being a good man in this world is a journey in its own right. Working in a men’s group has got me on the right road and helps me stay there.”

Warren Evans – Business (Production and Retail)

“A continually refreshing, reassuring and fulfilling place to recognise what I mean to me, how I appear to others, what I can be more of, and that I really am ok! Nigh on the best thing I’ve ever done for myself.