

## The Professional Dream Workshop

**Professional development** Formative psychology workshop | **Course leader** Terry Cooper



This annual on-going professional dream workshop emphasises continuity of learning in the area of formative psychology, the basis of which is somatic experience. Dreams offer us an environment through which we can experience the shapes of our existence and deepen our relationship to ourselves.

In this workshop Terry teaches a practical methodology in working somatically with patterns of behaviour, which shape identity and create our sense of self.

## Dates for 2011-2012

There are several established on-going professional dream workshops which meet once a year for four days.

## How to book

The groups are limited to eight participants. For further information on this workshop, please enquire online.

