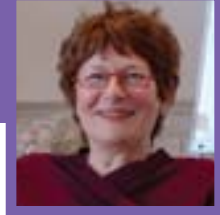




Action Techniques In Therapy: Integrating Parental Shapes

Professional development Workshop | Course leader Maggie McKenzie



Action techniques in therapy is a four-theme programme which includes guided visualisation, transference and counter-transference, working with the body, and restructuring experience. Each year one of these themes is presented. The programme highlights the use of the self as well as teaching practical and systematic approaches to therapy and is designed so that, while the material builds on the previous year's work, each group can be taken separately.

The theme for the workshop in 2019 will be integrating parental shapes.

Dates for 2019

Saturday, April 6 - Tuesday, April 9, 2019.

Thursday, July 4 - Sunday, July 7, 2019.

The course will meet from 9.30am-4pm each day

Price

In 2019 the workshop cost is £530.

How to apply

If you are interested in 2019 workshop, please send your cheque payable to Maggie McKenzie to the Spectrum office.