



TESTIMONIALS

Men for Men Programme

In my men's group I can deal with anything . show myself fearful, fallible, successful, weeping or triumphant . and know that I will be held, supported, challenged and invigorated. Sharing my experience with other men sharing theirs is an exhilarating experience . male isolation diminishes, I feel more normal and more worthwhile. Terry is there, solid as a rock, razor sharp, available and hugely compassionate. In my thirty years of experience of therapy there is no forum I have experienced which begins to offer the growth, excitement and good times that this group does.+

Chris Stanley
Psychotherapist

I've been in Terry Men's group for 19 years. It's been wonderfully supportive through many phases and transitions of my life . with relationships, work, parenting, growing older. It's been a great source of male energy and male wisdom, a place of healing, and a forum for discussing everything you could imagine from a male perspective. I feel enormously grateful and privileged to have been part of it.+

Richard Morrison
Sculptor

Proverb: There is no point in running if you are on the wrong road. Being a good man in this world is a journey in its own right. Working in a men's group has got me on the right road and helps me stay there.+

Jeremy Sweeney
Organisational Consultant

A continually refreshing, reassuring and fulfilling place to recognise what I mean to me, how I appear to others, what I can be more of, and that I really am ok! Nigh on the best thing I've ever done for myself.+

Warren Evans
Business (Production and Retail)